

## DAFTAR PUSTAKA

- Abbott, HJ; et al. 2009. *Exercise Therapy, Manual Therapy, or Both, for Osteoarthritis of The Hip or Knee : a Randomized Controlled Trial Protocol*. Monash Institute of Health Services Research, Monash University, Melbourne.
- Achingwe A 2008. *Comparison of manual therapy techniques with therapeutic exercise in the treatment of shoulder impingement: A randomized controlled clinical trial*. Journal of Manual & Manipulative Therapy, 16 (4) , 238-247
- Allen, DK, et al. 2015 *Epidemiology Of Osteoarthritis : State Of The Evidence*.
- American Academy of Orthopedic.2004. *Osteoarthritis of The Knee Joint*.
- Arun Pal Sigh 2017. Ligament lutut . <http://comportho.com/anatomy/anatomy-of-the-knee/>
- Brandy, A. 2005. *Manual mobilization of the cervical spine: a step further. The Spine – World Congress on Manual Therapy*, Rome, Italy.
- Brisebios, P. 2007. *Mulligan's mobilization with movement technique produces greater increases than static stretching on passive internal rotation of the hip*. Journal of Athletic Training 42(suppl):S122.
- Chan . W.M, Sang.I,P, Min.S.Y, Young.M.K. 2013. *Effect of The MWM Technique Accompanied by Trunk Stabilization Exercise on Pain and Physical Dysfunction Caused by Degenerative Osteoarthritis*. Department of Physical Therapy. Korea National University of Transportation, Republic of Korea.
- Center for Disease Control and Prevention (CDC): Osteoarthritis.  
<http://www.cdc.gov/arthritis/basics/osteoarthritis.html> (Diakses tanggal 18 mei 2019).
- Comp Ortho 2016. Knee Anatomy. <http://comportho.com/anatomy/anatomy-of-the-knee/>
- Comp Ortho 2016. Ligement knee . <http://comportho.com/anatomy/anatomy-of-the-knee/>
- Course notes: Follow up Course for Mulligan Tachnique. Porhand, 2009.
- Course, Elizabeth J. 2007 *Buku Saku Patofisiologi Edisi 3*, Jakarta : EGC.
- Deyle, et al, 2000. *Effectiveness of Manual Physical Therapy and Exercise in Osteoarthritis of the Knee A Randomizad, Controlled Trial*. Annals of Internal Medicine
- Deyle, GD, et al. 2005 : *Physical Therapy Effectiveness for Osteoarthritis of The Nnee: A Randomized Comparison of Supercised Clinical Exercise and Manual Therapy Procedures Versus A Home Exercise Program*. Phys Ther 85: 1301-1317.

- Dimitrova E, *Efficacy of mobilizations with movement in patients with knee osteoarthritis*, Department of Kinesitherapy: Bulgaria, 2008.
- Hall, TM. 2001. *Effects of the Mulligan traction straight leg raise technique on range of movement*. Journal of Manual & Manipulative Therapy, 9(3), 128-133.
- Hing W. 2009 *Mulligan's Mobilization with Movement: A Systematic Review*. The Journal of Manual & Manipulative Therapy. 17:2. p39-65.
- J. Miller and Z. Russell 2017. Otot Pes Anserinus <https://physioworks.com.au/injuries-conditions-1/pes-anserinus-bursitis-tendinitis>
- Jhon Vallejo 2014. Varus and Valgus .<https://id.pinterest.com/pin/340514421819291354/>
- J. Miller and A. Wong 2019. Anatomi Meniscus <https://physioworks.com.au/injuries-conditions-1/knee-meniscus-injury>
- Jason Chandell 2015. Otot- otot ekstensor . <http://www.jasonyoga.com/2015/12/12/yoga-and-your-hips-part-ii/>
- Joseph Anthony , et al. 2017. Derajat Osteoarthritis . [https://www.researchgate.net/figure/The-KL-grading-system-to-assess-the-severity-of-knee-OA\\_fig6\\_315695691](https://www.researchgate.net/figure/The-KL-grading-system-to-assess-the-severity-of-knee-OA_fig6_315695691)
- Kisner, Carolyn. Dkk. 2007. *Therapeutic exercise foundation and techniques*: America. Daviz-company. Philadelphia.
- M, irfan, Natalia, 2008. *Beda Pengaruh Auto Stretching Dengan Contrax Rilex Stretching Terhadap Penambahan Panjang Otot Hamstring*. Ui Esa Unggul : Jakarta
- Miller, Jack, *The Mulligan concepts* 1999 ; *The Next Step In The Evolution of Manual Therapy*, Orthopaedic Division.
- Morey J, et al, 2012. The reliability and concurrent validity of shoulder mobility measurements using a digital inclinometer and goniometer: a technical report. International Journal of Sports Physical Therapy.
- Mulligan, BR. 1992. Extremity joint mobilisations combined with movement. New Zealand Journal of Physiotherapy..
- Nap D. 2012. *Mobilization with Movement Technique as an Adjunct to Conventional Physiotherapy in Treatment of Chronic Lateral Epicondylitis-A Comparative Study*. J Nov Physiother 2:121.
- Osamu Aoki, et al 2009. *Home Stretching Exercise is Effective for Improving Knee Range of Motion and Gait in Patients with Knee Osteoarthritis*.
- Pagorek, S. 2009 *Effect of Manual Mobilization With Movement on Pain and Strength in Adults With Chronic Lateral Epicondylitis*. Journal of Sport Rehabilitation, 18, 1-10.

Perry, Marc. 2011. *Stretching exercise basic stretching raotion*. Di akses 15 maret 2019.

<http://www.builtlean.com/2011/05/25/basic-stretching-exercise-routine/>

Sean Barton 2018. Osteoarthritis lutut. <https://www.sheffield.ac.uk/news/nr/osteoarthritis-treatments-therapy-research-breakthrough-development-1.770204>. Diakses tanggal 26 Juni 2019.

Takasaki, H. Hall, T. Jull, G. 2012. *Immediate and short-term effects of Mulligan's mobilization with movement on knee pain and disability associated with knee osteoarthritis – A prospective case series*. *Physiotherapy Theory and Practice*, Early Online:1–9, 2012. Informa Healthcare USA, In c

UU RI No. 36 Tahun 2009 bab 1 pasal 1 ayat 1, available at [http://www.depkes.go.id/downloads/UU\\_No.36\\_Th\\_2009\\_ttg\\_Kesehatan.pdf](http://www.depkes.go.id/downloads/UU_No.36_Th_2009_ttg_Kesehatan.pdf)

Yang JI. 2009. *Mobilization techniques in subjects with frozen shoulder syndrome: randomized multiple treatment trial*. *Phys Ther.*87:1307–1315